

Groups are available In-Person & Virtually!



Brain Injury Support Groups

" I know it all sounds so silly or dramatic but after the hour we said goodbye and I somehow felt the weight on my shoulders seemed a little lighter; I smiled and felt a little happier"

- Alisa

Updated Jan 3, 2024

Please feel free to contact any respected group for specific information related to meeting format and access.

| Type/Town | When | Where | Contact |
|--|---|--|---|
| Virtual Meeting Fairfield County | 2nd Wednesday of each month from 7:00-8:00pm *Contact for details | STATEWIDE | Elaine K. Hunter, LCSW, elainekhunter@gmail.com Sarah Gersick, PhD, sarahgersickphd@gmail.com |
| Hybrid (In-Person/ Virtual) North Haven | 3rd Tuesday of each month from 6:30-7:30pm *Contact for details | North Haven Recreational Center, 7 Linsley Street, North Haven, CT 06473 | Liz Collins, Elizabethcollins12@gmail.com, 203-430-0251 (LCSW) and Barbara Nadeau, Barbara.Nadeau@quinnipiac.edu, 203-582-8691 (Clinical Associate Professor/Occupational Therapy at Quinnipiac University) |
| Virtual Meeting Manchester | 1st, 3rd Thursday's Time: 6-7 pm **Contact Marie Leonard for zoom details | STATEWIDE Please contact Mark Lukas or Marie Leonard for group information | Mark Lukas, M.S.,CRC,860-836-5230, Marie Leonard: Mleonard.cpg@gmail.com |
| In-Person Avon | 3rd Wednesday of each month 1pm | SLG Avon Location 147 Simsbury Rd., Avon, CT 06001 | Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com |
| In-Person Bethany | 3rd Wednesday of each month 1pm | SLG Bethany Location 23 Amity Rd., Bethany, CT 06524 | Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com |
| Hybrid (In-Person/ Virtual) Waterbury | 1x month *Call for meeting info | STATEWIDE | Sherry Arslan, sarslan@ilsct.net, 203-819-0999 (ILST at Independent Living Solutions) and Renata Pierce, rpierce@ilsct.com, 203-528-5969 (Assistant Executive Director at Independent Living Solutions) |

| County/Town | When | Where | Contact |
|---|---|---|---|
| Virtual Meeting New London | 4th Wednesday of each month at 4pm, *email or call for meeting info | STATEWIDE | (860) 446-8265 option 5 (Rehab Secretarial Staff) Hunsicker, Deborah Deborah.Hunsicker@LMHOSP.ORG |
| Virtual Meeting Willimantic | 3 rd Thursday of each month, 12p-2p https://us02web.zoom.us/j/87051062012 | STATEWIDE | Rachel Kuhn ABI Asst. Program Director Project Genesis rkuhn@projectgenesis.us 860-377-6727 Jordin Soler, ABI Program Director jsoler@projectgenesis.us 860-942-6362 |
| Hybrid (In-Person/Virtual) New Britain | 2nd Wednesday of each month at 6:00pm Join our Cloud HD Video Meeting | Hospital for Special Care, Lower Level Conference Room, 2150 Corbin Avenue, New Britain, CT 06053 | Scott Moore, MooreScottj@yahoo.com 203-233-2129 |
| Virtual Meeting/ Wallingford | 2nd Thursday of each month, 5pm https://gaylord.zoom.us/j/9153734113?pwd=TXBmeHdROXFJL3cwOEhDSEnQZE1GQT09 | STATEWIDE | Kaila Morin, PT, DPT Physical Therapist & TBI Clinical Specialist Gaylord Specialty Healthcare (203) 284-2800 x3614, kmorin@gaylord.org |
| Virtual Meeting Family Caregiver Support | Virtual Meeting 1st Wednesday of each month at 7pm, Join our Cloud HD Video Meeting | STATEWIDE | Scott Moore, MooreScottj@yahoo.com 203-233-2129 |
| Virtual Meeting Partner and Spouse Support Group | Virtual Meeting 4th Tuesday of each month at 7pm https://us06web.zoom.us/j/89787347389?pwd=NTRwWEFBamkyc09CaUZTM1ozMFIKUT09 | STATEWIDE | Marie Leonard PartneringwithGrace@gmail.com . Scott Moore, MooreScottj@yahoo.com 203-233-2129 |
| In-Person NEW: Social Communication Support Group (survivors only) | In-Person 1st, 3rd Mondays Time: 1:30-2:30pm | Sared Heart University Center for Healthcare Education, 4000 Park Ave. Bridgeport | Dr. Nicole Cruse : crusen2@sacredheart.edu |