

Groups are available In-Person & Virtually!



Brain Injury Support Groups

" I know it all sounds so silly or dramatic but after the hour we said goodbye and I somehow felt the weight on my shoulders seemed a little lighter; I smiled and felt a little happier"

- Alisa

Updated Oct. 3rd, 2023

Please feel free to contact any respected group for specific information related to meeting format and access.

Type/Town	When	Where	Contact
Virtual Meeting Southport	2nd Wednesday of each month from 7:00-8:00pm https://us02web.zoom.us/j/2034155863?pwd=K01yVYVvTENuVlJJS9selFyV0ZxZz09	STATEWIDE	Sarah Gersick, PhD, sarahgersickphd@gmail.com (203) 454-2428 x734. Elaine K. Hunter, LCSW, elainehunter@gmail.com (203) 415-5863
Hybrid (In-Person/ Virtual) North Haven	3rd Tuesday of each month from 6:30-7:30pm *Contact for details	North Haven Recreational Center, 7 Linsley Street, North Haven, CT 06473	Liz Collins, Elizabethcollins12@gmail.com, 203-430-0251 (LCSW) and Barbara Nadeau, Barbara.Nadeau@quinnipiac.edu, 203-582-8691 (Clinical Associate Professor/Occupational Therapy at Quinnipiac University)
Virtual Meeting/ Manchester	1st, 3rd Thursday's Time: 6-7 pm Zoom Meeting ID: 5619088965	STATEWIDE Please contact Mark Lukas or Tom Schuck for group information	Mark Lukas, M.S.,CRC,860-836-5230, Tom Schuck, wincss@yahoo.com,860-219-0140
In-Person/ Avon	3rd Wednesday of each month 1pm	SLG Avon Location 147 Simsbury Rd., Avon, CT 06001	Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com
In-Person Bethany	3rd Wednesday of each month 1pm	SLG Bethany Location 23 Amity Rd., Bethany, CT 06524	Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com

