

Groups are available In-Person & Virtually!



Brain Injury Support Groups

" I know it all sounds so silly or dramatic but after the hour we said goodbye and I somehow felt the weight on my shoulders seemed a little lighter; I smiled and felt a little happier"

- Alisa

Updated May 2023

Please feel free to contact any respected group for specific information related to meeting format and access.

Type/Town	When	Where	Contact
Virtual Meeting Southport	2nd Wednesday of each month from 7:00-8:00pm https://us02web.zoom.us/j/2034155863?pwd=K01yVYVvTENuVlJkZS9selFyV0ZxZz09	STATEWIDE	Sarah Gersick, PhD, sarahgersickphd@gmail.com (203) 454-2428 x734. Elaine K. Hunter, LCSW, elainehunter@gmail.com (203) 415-5863
Hybrid (In-Person/ Virtual) North Haven	3rd Tuesday of each month from 6:30-7:30pm *Contact for details	North Haven Recreational Center, 7 Linsley Street, North Haven, CT 06473	Liz Collins, Elizabethcollins12@gmail.com, 203-430-0251 (LCSW) and Barbara Nadeau, Barbara.Nadeau@quinnipiac.edu, 203-582-8691 (Clinical Associate Professor/Occupational Therapy at Quinnipiac University)
Virtual Meeting/ Manchester	1st, 3rd Thursday's Time: 6-7 pm Zoom Meeting ID: 5619088965	STATEWIDE Please contact Mark Lukas or Tom Schuck for group information	Mark Lukas, M.S.,CRC,860-836-5230, Tom Schuck, wincss@yahoo.com,860-219-0140
In-Person/ Avon	2nd Wednesday of each month 1pm starting August 2022	SLG Avon Location 147 Simsbury Rd., Avon, CT 06001	Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com
In-Person Bethany	2nd Friday of each month 1pm starting May 2022	SLG Bethany Location 23 Amity Rd., Avon, CT 06524	Brittany Ritter, brittanyritter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com

County/Town	When	Where	Contact
Hybrid (In-Person/Virtual) Waterbury	1x month *Call for meeting info	STATEWIDE	Sherry Arslan, sarslan@ilsct.net, 203-819-0999 (ILST at Independent Living Solutions) and Renata Pierce, rpierce@ilsct.com, 203-528-5969 (Assistant Executive Director at Independent Living Solutions)
Virtual Meeting New London	4th Wednesday of each month at 4pm, *email or call for meeting info	STATEWIDE	Eileen Cicchese, eileen.cicchese@lmhosp.org 860-442-0711 (Speech Language Pathologist at Lawrence Memorial Hospital)
Virtual Meeting Willimantic	3 rd Thursday of each month, 12p-2p https://us02web.zoom.us/j/87051062012	STATEWIDE	Rachel Kuhn ABI Asst. Program Director Project Genesis rkuhn@projectgenesis.us 860-377-6727 Jordin Soler, ABI Program Director 860-942-6362
Hybrid (In-Person/Virtual) New Britain	2nd Wednesday of each month at 6:00pm https://zoom.us/j/93891451971?pwd=SDVIRIRPbkxzYzNVVnNiVzY3emYvZz09	Hospital for Special Care, Lower Level Conference Room, 2150 Corbin Avenue, New Britain, CT 06053	Scott Moore, MooreScottj@yahoo.com 203-233-2129
Virtual Meeting/ Ellington	3 rd Thursday of each month, 12p-2p https://us02web.zoom.us/j/87051062012	STATEWIDE	Jordin Soler, ABI Program Director Project Genesis jsoler@projectgenesis.us 860-942-6362
Virtual Meeting/ Wallingford	2nd Thursday of each month, 5pm https://gaylord.zoom.us/j/9153734113?pwd=TXBmeHdrOXFJL3cwOEhDSEnQZE1GQT09	STATEWIDE	Kaila Morin, PT, DPT Physical Therapist & TBI Clinical Specialist Gaylord Specialty Healthcare (203) 284-2800 x3614, kmorin@gaylord.org
Family Caregiver Support Virtual Meeting	Virtual Meeting 1st Wednesday of each month at 7pm, Join our Cloud HD Video Meeting	STATEWIDE	Scott Moore, MooreScottj@yahoo.com 203-233-2129