



# Brain Injury Support Groups

"I was told that recovery would be slow. I just didn't comprehend how slow -nor that recovery didn't mean that things would return to the way they had been before the accident."

Updated Nov 2022

**Please feel free to contact any respected group for specific information related to meeting format and access.**

County/Town	When	Where	Contact
<b>Hartford County/ Women's Group—</b> <i>Living with an Invisible Injury</i>	<b>Virtual Meeting</b> <b>*Closed Group for persons with Injury only! Contact for more information.</b>	Hartford County	Sarah Raskin, PhD, Sarah.raskin@trincoll.edu , 860-297-2342 (Professor of Psychology & Neuroscience at Trinity College)
<b>Fairfield County/ Southport</b> Open to All Ages	<b>Virtual Meeting</b> 2nd Wednesday of each month from 7:00-8:00pm <a href="https://us02web.zoom.us/j/2034155863?pwd=K01yVVYyVTEuVlJJZS9selFyV0ZxZz09">https://us02web.zoom.us/j/2034155863?pwd=K01yVVYyVTEuVlJJZS9selFyV0ZxZz09</a>	New Haven County	Sarah Gersick, PhD, sarahgersickphd@gmail.com (203) 454-2428 x734. Elaine K. Hunter, LCSW, elainehunter@gmail.com (203) 415-5863
<b>New Haven County/ North Haven</b>	<b>Hybrid (In-Person/Virtual)</b> 3rd Tuesday of each month from 6:30-7:30pm *Contact for details	North Haven Recreational Center, 7 Linsley Street, North Haven, CT 06473	Liz Collins, Elizabethcollins12@gmail.com, 203-430-0251 (LCSW) and Barbara Nadeau, Barbara.Nadeau@quinnipiac.edu, 203-582-8691 (Clinical Associate Professor/Occupational Therapy at Quinnipiac University)
<b>Hartford County/ Manchester</b>	<b>Virtual Meeting</b> 1st, 3rd Thursday's Time: 6-7 pm <a href="#">Zoom</a> Meeting ID: 5619088965	Please contact Mark Lukas or Tom Schuck for group information	Mark Lukas, M.S.,CRC,860-836-5230, Tom Schuck, wincss@yahoo.com,8 60-219-0140
<b>Hartford County/ Avon</b>	<b>In-Person</b> 2nd Wednesday of each month 1pm starting August 2022	SLG Avon Location 147 Simsbury Rd., Avon, CT 06001	Brittany Ritter, brittanynitter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com
<b>New Haven County/ Bethany</b>	<b>In-Person</b> 2nd Friday of each month 1pm starting May 2022	SLG Bethany Location 23 Amity Rd., Avon, CT 06524	Brittany Ritter, brittanynitter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com

County/Town	When	Where	Contact
<b>New Haven County/Waterbury</b>	<b>Virtual Meeting</b> 1x month *Call for meeting info	Independent Living Solutions, 345 Meriden Road	Sherry Arslan, sarslan@ilsct.net, 203-819-0999 (ILST at Independent Living Solutions) and Renata Pierce, rpierce@ilsct.com, 203-528-5969 (Assistant Executive Director at Independent Living Solutions)
<b>New London County/New London</b>	<b>Virtual Meeting</b> 4th Wednesday of each month at 4pm, *email or call for meeting info	Lawrence & Memorial Hospital	Heather Staton, heather.staton@lmhosp.org, 860-442-0711, x2246 (Speech Language Pathologist at Lawrence Memorial Hospital)
<b>Windham County/Willimantic</b>	<b>Virtual Meeting</b> 3 <sup>rd</sup> Thursday of each month, 12p-2p <a href="https://us02web.zoom.us/j/87051062012">https://us02web.zoom.us/j/87051062012</a>	Windham Memorial Hospital	Rachel Kuhn ABI Asst. Program Director Project Genesis <a href="mailto:rkuhn@projectgenesis.us">rkuhn@projectgenesis.us</a> 860-377-6727 Jordin Soler, ABI Program Director 860-942-6362
<b>Hartford County/New Britain</b>	<b>Hybrid (In-Person/Virtual)</b> 2nd Wednesday of each month at 6:00pm <a href="https://zoom.us/j/93891451971?pwd=SDVIRIRPbkxzYzNVVnNiVzY3emYvZz09">https://zoom.us/j/93891451971?pwd=SDVIRIRPbkxzYzNVVnNiVzY3emYvZz09</a>	Hospital for Special Care, Lower Level Conference Room, 2150 Corbin Avenue, New Britain, CT 06053	Scott Moore, MooreScottj@yahoo.com 203-233-2129 *Limited to 20 In-Person Participants. Pre-Registration and screening <b>Required</b> . On first come first served basis. Please contact for registration.
<b>Tolland County/Ellington</b>	<b>Virtual Meeting</b> 3 <sup>rd</sup> Thursday of each month, 12p-2p <a href="https://us02web.zoom.us/j/87051062012">https://us02web.zoom.us/j/87051062012</a>	Ellington YMCA	Jordin Soler, ABI Program Director Project Genesis <a href="mailto:jsoler@projectgenesis.us">jsoler@projectgenesis.us</a> 860-942-6362
<b>New Haven County/Wallingford</b>	<b>Virtual Meeting</b> 2nd Thursday of each month, 5pm <a href="https://gaylord.zoom.us/j/9153734113?pwd=TXBmeHDrOXFJL3cwOEhDSElNQZE1GQT09">https://gaylord.zoom.us/j/9153734113?pwd=TXBmeHDrOXFJL3cwOEhDSElNQZE1GQT09</a>	Gaylord Specialty Healthcare Hospital	Kaila Morin, PT, DPT Physical Therapist & TBI Clinical Specialist Gaylord Specialty Healthcare (203) 284-2800 x3614, kmorin@gaylord.org
<b>NEW– Family Caregiver Support Group– Hartford County/New Britain</b>	<b>Virtual Meeting</b> 1st Wednesday of each month at 7pm, *starting Dec 7yh 2022 <a href="#">Join our Cloud HD Video Meeting</a>	Hospital for Special Care, Lower Level Conference Room, 2150 Corbin Avenue, New Britain, CT 06053	Scott Moore, MooreScottj@yahoo.com 203-233-2129 *Limited to 20 In-Person Participants. Pre-Registration and screening <b>Required</b> . On first come first served basis. Please contact for registration.