



Brain Injury Support Groups

"I was told that recovery would be slow. I just didn't comprehend how slow -nor that recovery didn't mean that things would return to the way they had been before the accident."

Updated October 2022

Please feel free to contact any respected group for specific information related to meeting format and access.

County/Town	When	Where	Contact
Hartford County/ Women's Group— <i>Living with an Invisible Injury</i>	Virtual Meeting *Closed Group for persons with Injury only! Contact for more information.	Hartford County	Sarah Raskin, PhD, Sarah.raskin@trincoll.edu , 860-297-2342 (Professor of Psychology & Neuroscience at Trinity College)
Fairfield County/ Southport Open to All Ages	Virtual Meeting 2nd Wednesday of each month from 7:00-8:00pm https://us02web.zoom.us/j/2034155863?pwd=K01yVVYyVTEuVlJJZS9selFyV0ZxZz09	New Haven County	Sarah Gersick, PhD, sarahgersickphd@gmail.com (203) 454-2428 x734. Elaine K. Hunter, LCSW, elainehunter@gmail.com (203) 415-5863
New Haven County/ North Haven	Virtual Meeting 3rd Tuesday of each month from 6:30-7:30pm *Contact for details	North Haven Recreational Center, 7 Linsley Street, North Haven, CT 06473	Liz Collins, Elizabethcollins12@gmail.com, 203-430-0251 (LCSW) and Barbara Nadeau, Barbara.Nadeau@quinnipiac.edu, 203-582-8691 (Clinical Associate Professor/Occupational Therapy at Quinnipiac University)
Hartford County/ Manchester	Virtual Meeting 1st, 3rd Thursday's Time: 6-7 pm Zoom Meeting ID: 5619088965	Please contact Mark Lukas or Tom Schuck for group information	Mark Lukas, M.S.,CRC,860-836-5230, Tom Schuck, wincss@yahoo.com,8 60-219-0140
Hartford County/ Avon	In-Person 2nd Wednesday of each month 1pm starting August 2022	SLG Avon Location 147 Simsbury Rd., Avon, CT 06001	Brittany Ritter, brittanynitter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com
New Haven County/ Bethany	In-Person 2nd Friday of each month 1pm starting May 2022	SLG Bethany Location 23 Amity Rd., Avon, CT 06524	Brittany Ritter, brittanynitter.slg@gmail.com, 860-465-6116 Jamie Arber, jarber@slg-ct.com

County/Town	When	Where	Contact
New Haven County/Waterbury	Virtual Meeting 1x month *Call for meeting info	Independent Living Solutions, 345 Meriden Road	Sherry Arslan, sarlsan@ilsct.net, 203-819-0999 (ILST at Independent Living Solutions) and Renata Pierce, rpierce@ilsct.com, 203-528-5969 (Assistant Executive Director at Independent Living Solutions)
New London County/New London	Virtual Meeting 4th Wednesday of each month at 4pm, *email or call for meeting info	Lawrence & Memorial Hospital	Heather Staton, heather.staton@lmhosp.org, 860-442-0711, x2246 (Speech Language Pathologist at Lawrence Memorial Hospital)
Windham County/Willimantic	Virtual Meeting 3 rd Thursday of each month, 12p-2p https://us02web.zoom.us/j/87051062012	Windham Memorial Hospital	Jordin Soler, ABI Program Director Project Genesis jsoler@projectgenesis.us 860-942-6362
Hartford County/New Britain	In-Person/Virtual 2nd Wednesday of each month at 6:00pm https://zoom.us/j/93891451971?pwd=SDVIRIRPbkxzYzNVVnNiVzY3emYvZz09	Hospital for Special Care, Lower Level Conference Room, 2150 Corbin Avenue, New Britain, CT 06053	Scott Moore, MooreScottj@yahoo.com 203-233-2129 *Limited to 20 In-Person Participants. Pre-Registration and screening Required . On first come first served basis. Please contact for registration.
Tolland County/Ellington	Virtual Meeting 3 rd Thursday of each month, 12p-2p https://us02web.zoom.us/j/87051062012	Ellington YMCA	Jordin Soler, ABI Program Director Project Genesis jsoler@projectgenesis.us 860-942-6362
New Haven County/Wallingford	Virtual Meeting 2nd Thursday of each month, 5pm https://gaylord.zoom.us/j/9153734113?pwd=TXBmeHDrOXFJL3cwOEhDSElNQZE1GQT09	Gaylord Specialty Healthcare Hospital	Kaila Morin, PT, DPT Physical Therapist & TBI Clinical Specialist Gaylord Specialty Healthcare (203) 284-2800 x3614, kmorin@gaylord.org